

# SPORT ENDURANCE

## Ranskill Pleasure Ride

**2<sup>nd</sup> August 2015**

**Thank you for your entry**

**Pleasure Ride - Start time is between 09.00 and 12.00 am.**

### **1) DIRECTIONS**

From Bawtry take the Retford road – go past Scrooby village – at Scrooby Top start looking for a left turn Folly Nook Lane – this is a narrow lane with a sharp bend – go to the end. At the T junction turn left and go over a railway bridge – approx. ½ mile and the venue Mill Grove Farm is on the right. From Retford – come in to Ranskill – at the traffic lights go through and turn right opposite the Blue Bell Pub B6045 (Do not go down Station Road !!) Carry on down over railway bridge – approx. ½ mile and the venue Mill Grove Farm is on the right.

Nearest Postcode . DN22 8NH

### **2) VENUE**

The parking is on a flat grassed field. Camping on Saturday night is available – please arrive after mid-day. When entering please look out for horses exiting the venue onto ride, which may be the same way as you are coming in. The venue is by kind permission of Mrs Linda Barratt. Please respect the venue and other users. Please take all your litter and droppings etc away with you.

There is water available at venue. Toilet on venue.

Photographer on route

Excellent Caterer at venue.

### **3) ROUTE**

The routes are 6, 10, 16 and 20 miles

These are declared distances for ride- but check notice board in case of any late changes to route

#### **Terrain-**

Generally the terrain is fairly flat to gently rolling. There are some steep climbs on narrow tracks – watch out for mud !. It looks a bit complicated on the map but it will be easy to follow

#### **Roads-**

There are Three road crossings on the route out and back, which will be stewarded.

#### **Marking-**

The route will be marked with coloured spray on the ground and coloured plastic tape ties. See map and notices on day to check for changes.

Remembering that all the stewards etc are volunteers who are giving up their time to make the ride safer.

Please be courteous to other users of the tracks-. Please ask before overtaking with care, particularly look out for horse with tail ribbons (see notice board) .

We have a good reputation and need to keep it, to continue to be allowed to use these areas some of which is on private land

### **4) HEALTH AND SAFETY**

The ride is run under Sport Endurance rules and policies. A First Aid box is available at the Secretaries Tent.

Children should be supervised at the venue

Dogs must be kept on leads at venue .

There will be notice board on the day with health and safety information, any changes etc. Please check this

Please don't hesitate to ring me if any problems before or on the day. If there are any changes we will try to inform you as soon as possible. Telephone- 01302 710439 up until Friday evening.

It just remains to wish you a safe journey and safe and pleasant ride. Enjoy the day - hopefully the weather will be kind.

**DAVE HULL- RIDE ORGANISER**