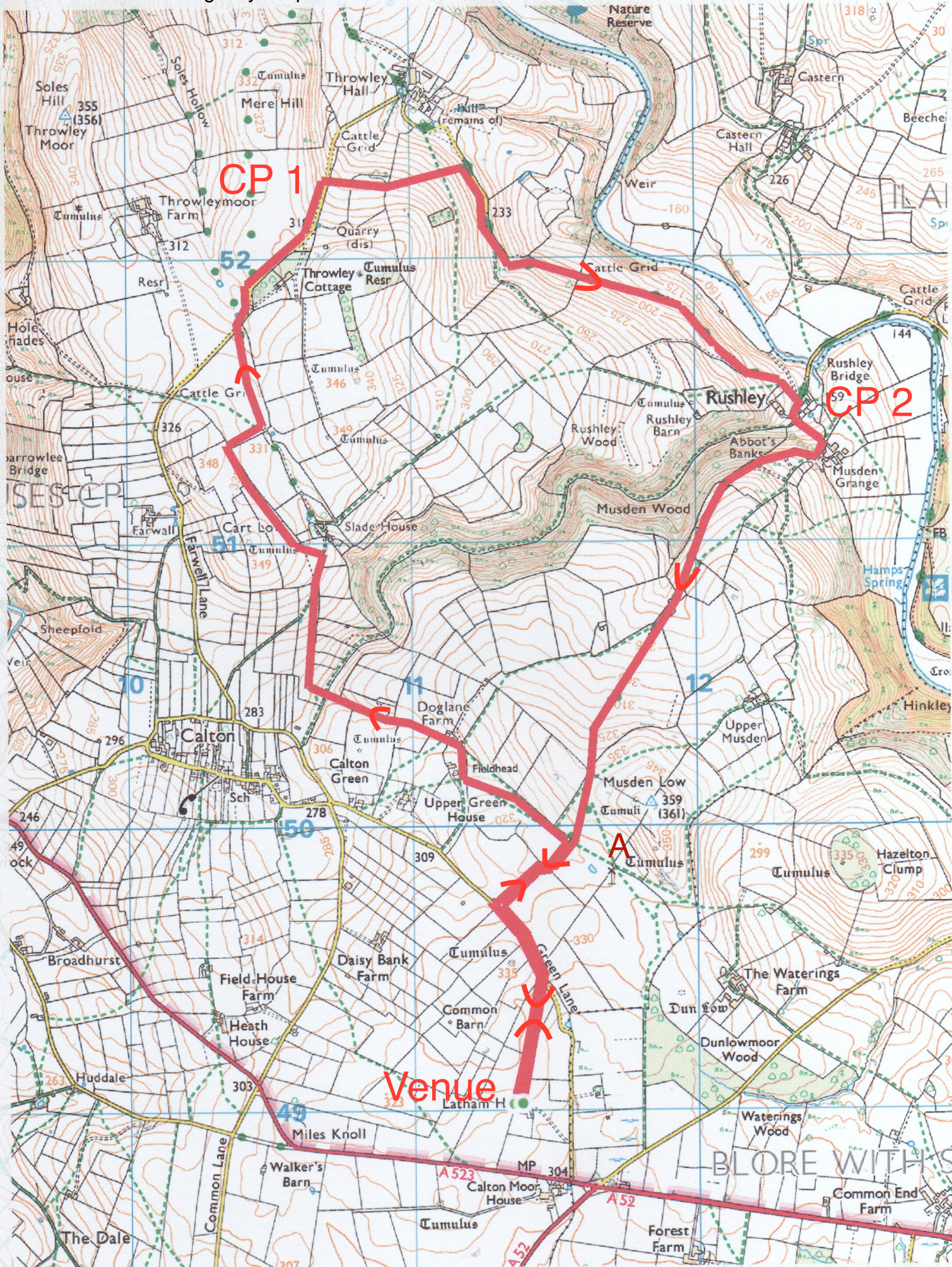


Emergency telephone numbers 0741 508 3807 or 0774 256 0778



6 miles venue - loop1 - venue

10 miles venue-loop1 to CP2 - loop2 to CP2-loop1 return to venue

**Ilam Ride Loop 1 6 miles**

16 miles Venue loop 1 to CP2 loop2 to CP2 loop1 to point A - repeat loop 1 back to venue

20 miles as per 10 miles - ride twice