

From the venue 'V' follow BLUE route (its purple on the map but marked blue on white paint on the ground) to A and then continue on to CP1. At CP1, turn back and follow the BLUE route back to the turning (please be aware that there will be competitive riders riding towards you on this stretch, please give way to them if you can), do not take the turn but go straight on on and take up the ORANGE track (marked out in orange paint only, with white 'helper' writing on the ground). Follow the ORANGE route until you come to the main track - (you will see blue on white arrows going to the right - do not follow these!!!). Turn to the left and continue along the ORANGE track. At the end of the orange track, you will come to a surfaced track marked with red on white arrows, this is part of the main route, do not go in the direction of the arrows follow them backwards along the track and you will pick up arrows in orange only. Continue along the track until you come to the junction with the main farm track and the main BLUE route (marked blue on white), turn right and follow the BLUE route to A and then back to the venue 'V'.

Those doing this route as part of the 30 mile route, do not return to V but continue on past A and follow your route as instructed on the other map.

Dee Barr