

Start at V



Loop A - CP1 - V = 4 miles

A to CP1 + B to CP1 - V = 8 miles

A to CP1 + B to CP2 + C = 12 miles

A to CP1 + B to CP2 + C to road crossing 3 then CP3 + D to road crossing 5, then CP2 (misses out the Loughborough Road section of loop C between road crossings 3 and 5), then homeward parts of loops B and A via CP1 to V

= 15 miles

A to CP1 + B to CP2 + C to road crossing 3 then CP3 + D to road crossing 5, then CP2 + loop C again (this time a full loop from CP2 all the way to CP2 again) then homeward parts of loops B and A via CP1 to V

= 19 miles

A + B + C + D twice  
i.e. 15 miles as above twice

19 Miles - Vet  
- Then repeat = 38 miles

19 Miles + A to CP1 - Vet  
- Then repeat = 46 miles

You will always be travelling clockwise around the loops, so every time you go on to a new loop turn left!  
Each loop is separated by a road crossing – so if you're not riding the next loop just carry on round the second half of the loop back towards home ☺

